

# DRINK IT UP

SAFE ~ REFRESHING ~ HEALTHY

## Minnesota Tap Water

*Minnesota tap water is safe, prevents cavities, and saves money. The next time you reach for something to quench your thirst, go for that Minnesota tap water and DRINK IT UP!*

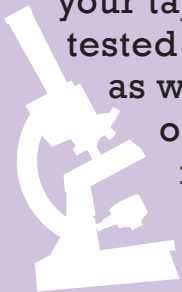
Tap water costs less than one penny a gallon compared to

bottled water which costs about **1,000** times more per gallon.

1¢

Minnesota tap water is among the world's safest, cleanest and tastiest water!

The water you get from your tap has been tested as thoroughly as water from any other source, including bottled water.



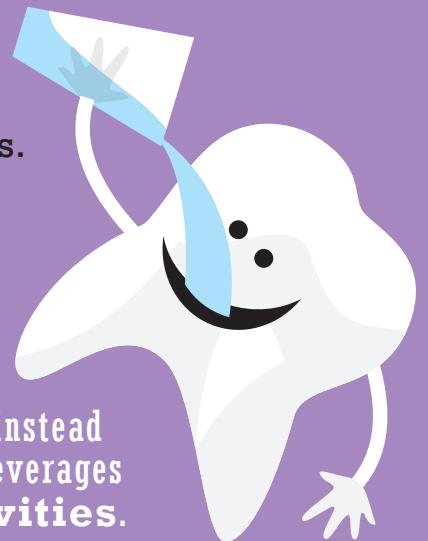
Minnesota tap water is fluoridated to help protect teeth from cavities.



Drinking fluoridated tap water saves money by preventing cavities: the cost for treating a decayed molar over a person's lifetime is

**\$6,105.**

**Swishing tap water** in your mouth after eating helps "wash" your teeth and reduces the acid that causes cavities.



**Sugar feeds the bacteria in your mouth, creating acid that can cause cavities.**

Drinking tap water instead of sugar-sweetened beverages helps **prevent cavities.**



Oral Health Program

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