

MEETING NOTES
Clay County Collaborative
Children's Mental Health WG
March 1, 2022
1:00 - Virtual



(1) Welcome and Introductions

- Jill Ambuehl – Collaborative Coordinator
- Duane Borgeson – Moorhead Public Schools
- Lanette Gorder – Parent Representative
- Michelle Thordal – Clay County Social Services
- Roy Rostvet – Lakeland Mental Health
- Chandra Calixte – Churches Untied for the Homeless

(2) Approval of December Meeting Minutes

- Approved – Duane/Roy

(3) Approval of Proposed Agenda

- Approved – no changes or additions

(4) Partner Overview #4: Roy Rostvet - Lakeland Mental Health

- Lakeland has been providing outpatient mental health services to youth and adults in Clay County since 1974
 - Individual, group, family and marital therapy
 - Psychiatric evaluation and medication management
 - Case management for adults and children
 - CTSS (Children's Therapeutic Services and Supports)
- They also have staff who work with the Children's Day Treatment programs onsite in the Moorhead, Hawley, Lake Park and Barnesville schools
- ARMHS (Adult Rehabilitation Mental Health Services) is an intense case management program that is focused on helping clients achieve short term goals
 - Generally, 4-5 hours/week with a timeframe of 6-12 months
- Mobile Mental Health Crisis Response
 - Emergency 24/7 outpatient mental health services for children and adults
- Police Program
 - Provides opportunities for youth and families to connect with local law enforcement
 - Build relationships, education and fun activities
- Jail Program
 - Case manager and therapy services for clay county Jail
 - Assisting clients with discharge planning
 - Housing, employment, etc.
- In-Home Therapist/Skill Worker
 - Sarah Nelson is in charge of this program and there tends to be a long waiting list
- DBT (Dialectical Behavioral Therapy) – Group Therapy

(5) Agency Updates

Chandra Calixte – Churches Untied for the Homeless

- COVID numbers are decreasing and they had zero positive cases last week
- Currently have 3 families in overflow
 - 1 family moving into housing this week
 - 2 families moved to housing in February
- A counselor at Summit Guidance has been providing therapy onsite to clients/families
 - Seems to be well received and helpful for those in need of services
- Arts Community and CUFH worked together to secure a grant for an art mural
 - The artist in charge of the mural will be meeting with families to better understand the mission/vision of CUFH
 - Families/clients will be involved in the planning and painting process as a form of art therapy

Duane Borgeson – Moorhead Public Schools

- Things seem to be calm within the school right now
- Busy preparing staffing and budget plans for 22-23 school year
- Just wrapped up a mental health study with the U of M
 - Hoping to get the results back this spring
- Go Guardian has been installed on school owned devices for Horizon East and West middle school students
 - Go Guardian is a software that monitors devices for concerning text/messages concerning mental health
 - The software can help alert administration of concerning searches and internet content
 - ◆ Example: If a student were searching google for ways to harm themselves

Michelle Thordal – Clay County Social Services

- Working with the schools to support students with education, neglect and truancy issues
- Internally working through changes to the “Family First Act”
 - “Family First Act” aims to reduce the number of children that are being placed outside the home
 - CCSS is working to adjust policies, processes and procedures to be compliant with the changes
- Continuing to navigate staffing challenges
 - Interviews have been completed and offers have been extended

Roy Rostvet – Lakeland Mental Health

- Not a lot to report on
- Navigating winter weather and snow days
- Continuing to work through staffing issues and search for quality providers

Upcoming Meetings

Governance Board: March 3, 2022

Children’s MH Work Group: April 5, 2022

Family Support Model (Wraparound): April 6, 2022

Administrative Group: April 19, 2022

School Age Disability Work Group: March 7, 2022