

**MEETING NOTES**  
**Clay County Collaborative**  
**Children's Mental Health WG**  
December 7, 2021  
1:00 – Virtual



(1) Welcome and Introductions

- Jill Ambuehl – Collaborative Coordinator
- Lanette Gorder – Parent Rep
- Duane Borgeson – Moorhead Public Schools
- Roy Rostvet – Lakeland Mental Health
- Britni Joubert – The Village FSC
- Megan Weiland – Clay County Social Services
- Merri Christlieb – Freedom Resource Center

(2) Approval of November Meeting Minutes

- Approved – (Merri/Roy)

(3) Approval of Today's Proposed Agenda

- Approved – No Additions or Changes

(4) Partner Presentation #2: Merri Christlieb - Freedom Resource Center

- Freedom Resource Center serves 21 counties in MN and ND
- The center focuses on independent living
  - They do not offer case management services – this is often a misperception
  - Can assist families with the IEP process
- 6 key areas to the organization
  - Information and Referral
    - They work to connect individuals with services and programs that support independent living
  - Advocacy
    - They work hard to empower and support individuals with disabilities
    - They work to remove barriers within the system and support individuals/families to build skills and advocate for themselves
      - ◆ The key is to assist and not do it for them – building skills for the future
  - Peer Mentor Program
    - This program allows individuals with disabilities to support each other and serve as mentors to their peers
    - Over 50% of FRC staff have a disability and this creates great opportunities for people to share their strengths and skills
  - Independent Living Skills Training
    - This program helps individuals with disabilities gain important skills for independent living

- ◆ Cooking, shopping, cleaning, etc.
- Transitional Services
  - This program helps individuals and families transition into adult services
  - They also help clients prepare for and transition to independent living
- Freedom in Action
  - This program offers a free monthly activity for individuals with disabilities
  - Each month they try to eat, make or learn something
    - ◆ These opportunities help to promote social involvement and build communication skills
    - ◆ Examples: Book club, crafts, cooking, RedHawks games, etc.

#### (5) Agency Updates

- Duane Borgeson – Moorhead Public Schools
  - Navigating the busy time between Thanksgiving and Christmas
  - Working through continuing shortage of substitutes (teachers and para’s)
- Roy Rostvet – Lakeland Mental Health
  - No big updates – things seem to be running smoothly
- Merri Christlieb – Freedom Resource Center
  - New “Living Well 102” class started last week
- Britni Joubert – The Village FSC
  - Love and Logic group starting in January for parents of children with mental health struggles
  - Pride/LGBTQ+ support group will be starting for teens in February
- Lanette Gorder – Parent Representative
  - Lanette suggested that we include the meeting name and date in the email subject line when sending out the agenda and other items
    - Jill will begin this practice right away
- Megan Weiland – Clay County Social Services
  - No updates at this time

#### **Upcoming Meetings**

**Governance Board:** March 3, 2022

**Children’s MH Work Group:** January 4, 2022

**Family Support Model (Wraparound):** January 5, 2022

**Administrative Group:** December 21, 2021

**School Age Disability Work Group:** January 3, 2022