

**NOTES**  
**Clay County Collaborative**  
**Children's Mental Health WG**  
October 5, 2021 @ 1:00  
CCFSC – Room 2



(1) Welcome and Introductions

- Jill Ambuehl – Collaborative Coordinator
- Steph Schenck –REACH
- Maria Lucio – Mobile Mental Health
- Lanette Gorder – Parent Rep
- Duane Borgeson – Moorhead Public Schools
- Michelle Thordal – Clay County Social Services
- Roy – Lakeland Mental Health
- Merri Chrislieb – Freedom Resource Center
- Britni Joubert – The Village

(2) Approval of September Meeting Minutes – Approved (Roy/Merri)

(3) Approval of Today's Proposed Agenda – Approved

- Jill asked to add a quick overview of the Mental Health Awareness and Suicide Prevention Pilot Project in Clay County if time allows

(4) Reports

- Budget Reports – FY21 and FY22 – BUDGET APPEARS THE SAME AS LAST MONTH
  - We have received reports and invoices from those with outstanding expenses
  - Partnership invoices went out last week
    - Normally done in July – Jill wasn't aware of the task until early this week
- Coordinator's Report – Jill Ambuehl
  - Wrapping up FY2021 financial reports and continuing to learn new tasks
  - Learning more about how the groups collaborate and interact
    - Everyone has been great and helped improve my knowledge of the collaborative
  - Jane Neubauer and I were able to meet with Ryan Baron virtually
    - It was a great opportunity to explain how the collaborative and LCTS relate

(5) Future Meeting Format Options

- Meetings are currently being offered in-person
  - Do we want to offer a virtual option or return to in-person?
    - The group had a great discussion on the pros and cons of mixed meetings
      - ◆ In the end they decided to offer in-person meetings when able/necessary and offer a virtual option for all meetings going forward
    - Jill will try her best to make a combination of both work

(6) Partner Representation

- Jill compared the email CMHWG email list with partner contracts
  - The group reviewed the comparison to verify that the correct members are listed and add those who may be missing

- Jill will make contact with those identified by the group as still being in their position who haven't attended in a while

## (7) Family Support Service Inquiry

- Jill has had two inquiries over the past month in regards to support groups or services for parents of children who are struggling with mental health issues
  - Are there any support group or services currently operating in the county?
    - The LAC is a great place for parents to start
      - ◆ They do a great job of connecting families with agencies and resources
    - Britni mentioned that there is a support group for parents of LGBTQ youth
      - ◆ <https://www.genderspectrum.org/articles/gender-spectrum-groups>
  - Is there a need for a space to share and gain skills to deal with these struggles?
    - In the past the collaborative has partnered with other agencies and providers to hold events for parents
      - ◆ The events had different topics each time and offered tools/information to help support parents
        - ⇒ Information on different parenting topics, resources, agencies and services
      - ◆ The group agrees that it may be time to look at bringing some of these events back
        - ⇒ In the past they have been held at the Family Service Center, Travelodge, ARC, etc.
    - Jill will also add this to her list of possible strategies to bring back to the MHPSPPP

## (8) Mental Health Promotion and Suicide Prevention Pilot Project (MHPSPPP) – UPDATE

- Jill attended the first planning session of the MHPSPPP at the Clay County Law Enforcement Center
  - It was a great mixture of representation from people all around Clay County
  - The evaluators of this program combed through the Minnesota Student Survey and evaluated all data related to ACE's and trauma
  - After reviewing the data as a group and attendees were given the opportunity to vote on the areas they wish to focus on
    - The top-rated areas in order were;
      - ◆ Youth Mental Health (48 Votes)
      - ◆ Adult Mental Health (48 Votes)
      - ◆ Youth Don't Feel Supported by Adults in the Community (48 Votes)
      - ◆ Youth Don't Feel Supported by Adults at School (38 Votes)
      - ◆ Youth Substance Misuse (31 Votes)
      - ◆ ACE's (24 Votes)
      - ◆ Adult Substance Misuse (22 Votes)
- Jill has asked that members take some time to reflect on these categories and identify strategies or programs that their organization might be doing to impact these areas
  - Jill will bring this information back to the MHPSPPP to help with their planning process
    - Examples;
      - ◆ Notable Nuggets program in Hawley that recognizes youth who are making positive choices
      - ◆ HYPE Hero Program in Hawley that allows youth to identify and celebrate adults who go above and beyond to support them

◆ PBIS in Hawley and Moorhead

(9) Agency Updates

- Maria Lucio. – Mobile Mental Health
  - September 2021 Stats**
  - Phone Support Only:** 83-down 7 from 2020
  - Stabilizations:** 78-up 50 from 2020
  - Total Dispatches:** 47-up 16 from 2020
  - Adults: 35      Children: 12**
  - Total Dispatches Resulting in Hospitalization and Percentage:** 7 Hospitalized, 86% Stayed Home
  
  - Clay Total: 11-up 6 from 2020**
  - Stabilizations: 40-up 40 from 2020
  - Dispatch Adults: 10
  - Dispatches Resulting in Hospitalization and Percentage: 1, 90%
  - Dispatch Children: 1
  - Total Dispatches Resulting in Hospitalization and Percentage: 1, 0% this occurred during stabilization services.
  - Total Dispatches Resulting in Hospitalization and Percentage Saved: 2, 81%
  
- Britni – The Village
  - The Village still has availability for in-home family therapy in Clay County
  - Love and Logic parenting class starts next week on the 12<sup>th</sup>
  
- Steph – REACH
  - Lexi is back from maternity leave and will be providing services at REACH again
  - Still accepting clients for Spirit of Giving (Thanksgiving and Christmas)
  - Just wrapped up winter gear distribution

**Upcoming Meetings**

**Governance Board:** December 2, 2021

**Children’s MH Work Group:** November 2, 2021

**Family Support Model (Wraparound):** January 5, 2022

**Administrative Group:** October 19, 2021

**School Age Disability Work Group:** November 1, 2021