



"To promote an accessible, comprehensive and a unified children's mental health system within Clay County."

Clay County Local Advisory Council for Children's Mental Health

Thursday, February 4, 2021

Meeting Minutes

Members present: Scott Penner, Mobile Crisis Response Program; Jenna Kahly, Clay County Commissioner; Katie Weber, Nystrom's and Associates; Hope Schatzke, Access of the Red River Valley; Megan Weiland, Clay County Social Services; Joni Medenwald, The Village Family Service Center; Carolyn Strnad, Clay County Collaborative;

Megan welcomed everyone to the meeting and asked each person to share one good thing.

Minutes from the January 7, 2021 meeting were approved. (Megan/Dave)

Treasurer's Report. The checkbook balance is \$3,191.45. Carolyn has submitted a letter to Rhonda Porter requesting the 2021 council funds. Upcoming expenses include a print order for Who Do You Call brochures, and the Parenting Tips for challenging times, and the mental health awareness billboard. Action will need to be taken to remove Carolyn's name from the checkbook and replace it with another person from the Council. This decision on whose name should go on the checkbook should be made at the April or May meeting so that the required meeting minutes with the remove/add motion can be brought to the bank when the change is made.

Old Business:

Annual Survey: The professional and parent surveys have been updated per council suggestions. The professional survey will be sent out via email to Council members and Collaborative partners. Partners and agency directors will be asked to share it with agency staff, as appropriate. The parent survey will be available in paper form and google document. Megan agreed to talk with Michelle and Rhonda about surveying some of the families in her division. Carolyn will ask Head Start if they are having parent-teacher conferences and willing to share the survey as they did last year. A motion to purchase \$5 Cashwise gift cards as an incentive to parents completing the survey was approved. (Megan/Jenna)

New Business:

The annual Kidsfest resource fair and family event at the Moorhead Center Mall has been moved to an outdoor event in early May. The Kidfest planning committee has requested that the LAC partner with the Early Childhood Initiative who sponsors the event. The outdoor event is tentatively scheduled for May 7 and will include bingo and a movie. This year's event theme is social-emotional development, which lines up with the work of the Council. May 6 is Children's Mental Health Awareness Day. Our contribution to the event is to pay for the "Inside Out" movie's viewing rights and the screen rental cost. Motion to approve Carolyn to partner with the Kidsfest planning group and expend funds for the film and screen. (Megan/Joni) There was a discussion on purchasing an outdoor movie kit to make this an annual event. An alternate to a movie would be to have Fidgety Fairytales provide a theater show.

Agency Updates:

Friends of the Children is almost at capacity for their roster. One child they were working with moved out of the area, so there is an opening for another child. There has been discussion on getting Friends back into the school building to work with their clients in that setting. They hope to be in by March 15.

Nystrom's and Associates has openings in psychiatry, medication management, and CTSS. They continue to offer school-age support groups and two social skills groups for girls. Call the office to register.

Mobile Response Crisis Program is fully staffed. They are doing face to face with clients who are not symptomatic for the virus.

Access of the Red River Valley is working to fill an open children's case manager position. Holly Wavre is no longer with the agency.

The Village Family Service Center has a new outpatient therapist starting in a few weeks. The provider was previously doing school-based mental health on the Fargo side of the river. She will be providing child, adolescent, and family therapy in the Moorhead office. There is a short waiting list for in-home therapy. The agency will be participating in Giving Hearts Day, which will be held next week.

Next meeting: Thursday, March 4, 2021

WORKPLAN

- Seek input from the local children's mental health system of care providers, parents, former consumers, and community members on – services needed for children with mental health needs; Coordination of care between services; quality of care provided.
 - Monthly reports from agencies in attendance at LAC meetings
 - Program/Services presentation at LAC meetings
 - Identify opportunities to get feedback from parents/consumers
- Review and evaluate the local children's mental health service system of care and make policy recommendations regarding any element of the local system of care.
 - Communicate Council position to other policymakers and organizations which may have a significant effect upon the local mental health system of care,
 - Review the mental health service mapping project, a co-project of the Collaborative and LAC.
 - Identify presentations for council meetings.
 - Communicate with the Social Service Director and supervisor for any input on children's mental health system of care issues the Council can provide.
 - Add areas of input needed to council agenda
 - Share input from the Council with Social Service Director
- Provide input in the development of mental health planning in the county
 - Gather information for reports throughout the year.
 - Develop and approve a yearly report
 - Attend County Board meeting to present a yearly report
- Mental Health Awareness
 - Activities determined by the Council.