



"To promote an accessible, comprehensive and a unified children's mental health system within Clay County"

Clay County Local Advisory Council for Children's Mental Health

Thursday, January 7, 2021

Meeting Minutes

Members Present: Christy Fike, Nystroms and Associates; Merri Christlieb, Freedom Resource Center; Jenna Kahly, Clay County Commission; Megan Weiland, Clay County Social Services; Carolyn Strnad, Clay County Collaborative;

Minutes from the December 3, 2020 meeting were approved (Merri/Christy)

Treasurer's report: Checking account balance: \$3,191.45. Carolyn will submit a request to Clay County Social Services for the 2021 LAC operating funds. Carolyn will send out the Who Do You Call? Brochure to members to review before sending in an order to print.

The annual survey was discussed. Members reviewed the current survey questions and format used for previous years. It was agreed to stay with the same questions for comparison. Suggestions for identifying parents to complete the parent survey included asking help from Head Start, agencies providing in-home services, school social workers, case managers and those who participate in Wraparound services. The agency survey, as in past years, will be sent out via email to our partners and agencies involved in the Collaborative. There is also information from the youth survey that can be included in the "needs" report to the County Board. Carolyn will send out the surveys to LAC members to review before distributing. There was discussion on utilizing some of the funds to offer a \$5 gift card to Cashwise for any parent completing the survey.

Agency Updates:

Freedom Resource continues to see clients through phone calls, in-office appointments and Zoom. A Freedom in Action event bingo and costume contest will be held in February. The event is open to everyone. RSVP is required to get the bingo card mailed out to participants.

Nystrom's and Associates has a psychiatrist in building now and also available through video. There are still openings for this service. They continue to offer the school-age support groups. Two social skills groups for girls are open. One is for girls ages 13 -16 and one for girls 13 – 17 years of age. Call the office to register.

The Moorhead Library will be offering a presentation by Marya Hornbacher on May 18. She will speak on Madness and Mental Health.

Carolyn shared that she will be leaving her position with the Collaborative. An official date has not been set. The administrative level of the Collaborative will meet to develop a process to a new coordinator.

Next meeting: Thursday, February 4, 2021