



## Clay County Local Advisory Council for Children's Mental Health

Thursday, October 1, 2020

### Meeting Minutes

*"To promote an accessible, comprehensive and a unified children's mental health system within Clay County"*

Carolyn welcomed everyone to the meeting. Everyone shared one good thing!

Minutes from the September 3, 2020 meeting were approved (Joni/Merri)

Treasurer's Report: The checking account has a balance of \$3,191.45

#### Old Business:

The billboard contract has been signed. Payment due is \$289.63 The digital billboard spot is located on the corner of 8<sup>th</sup> St. and Main Avenue in Moorhead. The Council will need to decide what message they want on the board at its April meeting

The NAMI training for parents – "You're the expert: Advocating for your child" will be held Tuesday, October 6<sup>th</sup>. Please share the flyer with families. There is no pre-registering needed for this event The Zoom link is on the flyer. This training is being offered as part of the Systems of Care grant for the regional Collaborative Intensive Bridging Services (CIBS). It is free and open to everyone.

#### New Business:

The 2020-2021 Council work plan was reviewed. It remains almost similar to the previous year's work plan. The plan includes all of our duties under the Children's Mental Health Act.

Survey Monkey contract is up on October 14<sup>th</sup>. The renewal cost is \$300. After discussion it was decided to not renew the contract due to very limited use of the program. There is a free survey monkey program that we would be able to access.

#### Agency Updates:

Friends of the Children is in the process of setting up a second cohort of children. They are working on a Memorandum of Understanding with Cass County Human Services. The second cohort will consist mainly of children in foster care or at risk of being placed in foster care. The next step after setting up the cohort will be to look at hiring additional Friends for the program. A cohort is typically sixteen children.

The Village Family Service Center is busy implementing their Wednesday walk-in clinic. A free mental health clinic is open to those with a Clay County address. Participants have the option of walk in or scheduling a zoom meeting with a mental health professional who will offer support and share resources in the community that might be helpful to the individual. Funding for this clinic is provided by CARES funds through Clay County. The clinic will operate until the beginning of December. An adolescent group is meeting. The agency is getting ready to start a Girls group for girls ages 12 – 14. The group will cover such things as self-esteem, hygiene, and internet safety. A Love and Logic group started earlier this month. In patient and school-based services are going well.

Clay County Social Services: The Collaborative Intensive Bridging Service (CIBS) is going well. There is currently a waiting list with work being done to hire additional therapists to address those youth on the list.

Churches United for the Homeless is currently serving eight families with one family in overflow. Two families moved into housing this week and another three families have vouchers and will be moving soon. Homework Starts at Home has received additional vouchers which will be made available to families. Housing is being accessed in Clay

County with most finding housing in the Moorhead area. All elementary age children at the shelter are attending Robert Asp school and are on the same hybrid track. On the non-school days of the week the children are attending the YMCA program where they are receiving help with school work. College students are volunteering at the shelter helping with homework and kid activities.

Freedom Resource staff are currently working from home. The plan is to begin limited appointments in office starting October 12<sup>th</sup>. Merri has been working with three individuals who are preparing to take the written driver's test. An appreciation for the agency volunteers and advocates will be held virtually.

Nystrom's Associates has immediate openings for CTSS clients. They have started to offer school age groups that are part psycho education and part support.

Christina asked about a representative from Moorhead Public School. She will reach out to staff at VISTA to see if anyone is interested in attending Council meetings.

Next meeting: Thursday, November 5, 2020

## WORKPLAN

- Seek input from the local children's mental health system of care providers, parents, former consumers and community members on – services needed for children with mental health needs; Coordination of care between services; quality of care provided.
  - Monthly reports from agencies in attendance at LAC meetings
  - Program/Services presentation at LAC meetings
  - Identify opportunities to get feedback from parents/consumers
- Review and evaluate the local children's mental health service system of care and make policy recommendations regarding any element of the local system of care.
  - Communicate Council position to other policy makers and organizations which may have a significant effect upon the local mental health system of care,
  - Review the mental health service mapping project, a co-project of the Collaborative and LAC.
  - Identify presentations for council meetings.
  - Communicate with Social Service Director and supervisor for any planning the council can provide input on.
  - Add areas of input needed to council agenda
  - Share input from the council with Social Service Director
- Provide input in the development of mental health planning in the county
  - Gathering information for report throughout the year.
  - Develop and approve yearly report
  - Attend County Board meeting to present yearly report
- Mental Health Awareness
  - Activities determined by the council.