



Success Partnership building Success Families

Children's Mental Health Work Group

Tuesday, December 1, 2020

Meeting Minutes

Lanette welcomed everyone to the meeting. Everyone shared one good thing!

The meeting agenda was approved by consensus with no changes or additions. Minutes from November 3, 2020 meeting were approved. (Duane Borgeson/Merri Christlieb)

Review of youth surveys: The group reviewed two youth surveys. Youth residing at the West Central Juvenile Center completed a survey. The second survey results were from a group of youth in foster care or recently aged out of foster care. Takeaways from the discussion included:

- Many youths rely on their family members to help problem-solve access to the help they need. It would be essential to provide information to family members as well as the youth. Where should the information be located for youth and families to access? One suggestion from the youth was to develop a binder.
- The survey included good feedback on foster care for those residing in foster homes.
- Peer feedback is essential.
- Youth voices need to be heard. Should the LAC change the time of day and location of its meeting to accommodate youth who wish to attend?

Agency Updates:

REACH is in its busy season with holiday food baskets and gift collections. The agency provided 128 Thanksgiving baskets to families. To date, two-hundred families have signed up for the Christmas food basket and gifts. There has been an increase in mental health appointments, with anxiety being the presenting mental health need. The use of the food pantry has increased. The agency is grateful to its generous donors that support the pantry and other work of the agency.

The Village Family Service Center is seeing clients through Telehealth, face to face, and in-home. DBT groups are ongoing, with individuals joining at the beginning of each section. The CARES Walk-in clinic will operate through December 31.

Freedom Resource Center is seeing clients in the office by appointment, phone support, and through Zoom. Seventy individuals have signed up for the holiday meal. A Living Independent 102 class will start in January. Moorhead Public Schools is on the second day of distance learning. The decision to move all classes to distance education was due to a high number of cases of COVID-19 in the community. The district has struggled to keep up with staffing needs when staff is out either sick or quarantining. The district provided chrome books to students. They are working to address internet needs families may be experiencing. As part of district planning, a mental health goal was added to the work plan. The goal is up for discussion and

possible approval at the December 14, 2020 school board meeting. Truancy continues to be a challenging issue for the district. Some students are not engaging in the distance learning process. Lakeland Mental Health and Solutions Behavioral Health will be reaching out to those families to help re-engage students back to classes.

Mobile Crisis Response Program provided seventy phone supports, 45 stabilizations, and twenty-eight dispatches for the region for November. There were nine dispatches in Clay County, with five of them for children. The program has moved its offices to the main Lakeland office in Moorhead.

Next meeting: Tuesday, January 5, 2021 1pm – 2:30pm