



*Success Partnership building Success Families*

## **Children's Mental Health Work Group**

**Tuesday, June 2, 2020**

### **Meeting Minutes**

Lanette welcomed everyone to the meeting. Minutes from the March 3, 2020, meeting was not available. Approval of those minutes will happen at the next workgroup meeting.

Carolyn provided an overview of the pilot project, Coordinated Intensive Bridging Services, that Region 4 is a part of as part of the multi-year Systems of Care grant that the state of MN received. One of the deliverables under the pilot project is to engage parents and youth in having a voice in what services are and how they look. This workgroup has been identified as a group to assist with developing interview questions as part of the youth engagement interviews. Central Juvenile Center and the CLIPS program housed under Clay County Social Services. The following ideas were identified at today's meeting:

1. What obstacles do you face in trying to receive services? Transportation, insurance, etc.
2. What services have you used in the past, and what types of services do you think you might need in the future?
3. What qualities do you look for in a provider?
4. What types of services work best for you – group, individual.
5. What hours would you want services to be available?
6. What modality do you want services provided by – in person, telehealth, texting, etc.?
7. What types of services are you aware of that are available to you?
8. Are you aware of the Mobile Crisis Response Team, and if so, where did you hear about it?
9. What are your viewpoints on mental health, and how does that align with your parent's perspective?

#### **Agency Updates:**

**Moorhead Public Schools:** Feedback on the online schooling option for this school year is being collected. No decision on the format for next school year has been made. Extended school year this summer will be online. Two new school social workers are in the process of being hired and a replacement for Nadine Moon will also be hired. Each school will have its own social worker. School staff have been meeting with Lakeland Mental Health to discuss ways to strengthen the program at Horizon Middle School.

Mobile Crisis Response Program had two dispatches in May and eighty-four phone supports. All calls involving children resulted in the child remaining in the home. The program continues to work to get their name out and information on the program. They are using social media – Facebook and Instagram to reach people. They will do a soft opening of face to face contact. Currently they are utilizing phone and zoom to connect with people accessing the program. Call volume is down because some of the regular callers who prefer face to face contact are utilizing skills learned rather than calling and connecting through phone conversations.

REACH is developing a reopening plan. Currently the agency is closed to outside individuals. The food pantry is using a form that clients fill out to help with their pre-selected food basket. They are asking additional questions on the form such as How challenging has the last three months been for you and your family?; Have you experienced a change in household income?; and Have you used the food pantry before? The Village is providing counseling services through Zoom two to three days a week. They have not seen an increase in the need for the food backpack program for the summer so will be reaching out to families and agencies to encourage them to sign up for the program.

Freedom Resource is planning their reopening. Currently they are meeting with clients virtually. On June 18 they will host a book read "Gifts of Imperfection".

Clay County Social Services: no new updates. Staff are rotating being in the office and working from home.

Churches United for the Homeless: Two families have moved into housing with three more moving in the next few weeks. Because of that there has been a turnover in children and families staying at the shelter. An intern from Concordia is working on youth summer programming. With COVID restrictions she has needed to be creative in doing arranging virtual field trips and activities. Chandra is working with Moorhead schools to locate families that they need to collect chrome books and supplies from. The food pantry is by drive up only. Each car receives a pre packaged box of food.

**Next meeting: Tuesday, September 1, 2020 1pm – 2:30pm**