



Clay County Local Advisory Council for Children's Mental Health

Thursday, March 5, 2020

Meeting Minutes

"To promote an accessible, comprehensive and a unified children's mental health system within Clay County"

Carolyn welcomed everyone to the meeting. All shared one good thing! Always fun to hear our positive happenings!

Minutes from the February 6, 2020 meeting were approved. (Merri/Joni) Treasurer's reported a balance of \$1,998.62. A request for 2020 funds has been submitted to Social Services.

The link to the LAC professional survey and parent/family survey will remain open until March 30th. To date we have had 39 responses to the professional survey and no responses to the parent survey. We do have approximately 20 paper copies of parent survey. Michelle requested some paper copies to distribute with the case manager's clients. Deadline for submitting the information is Monday, March 30th. Carolyn will combine the result and they will be presented at our April meeting for discussion and then included in our presentation to the County Board in May.

Kidsfest Booth: After discussion it was decided to have pre-made conversation jars for the give-away at the LAC booth. The jar will have some conversation questions already in them along with blank slips that families can write their own questions on. Volunteers will be needed for the Kidsfest booth.

Mental Health Awareness: After discussion of activities we have done in the past and new ideas it was decided to do a Lunch and Learn mental health fair in early May. It will include a NAMI speaker on Family Engagement and resource booths. It will be free to attend. Carolyn will check with NAMI on availability and CEUs. Volunteers will be needed for the event.

Agency Reports:

County Board: The West Central Juvenile Center remodel will be completed the end of March with a launch of the new space and beds the first week of April. The Center is getting quite a bit of notice around the state for the work they are doing. County Board members visited the Capital and our state representatives last week to communicated our need for a new transfer station. The Facility planning group continues to meet to discuss how they can expand the campus in order to make room for another court room, judge and their staff. They may work with the city of Moorhead on a combined building due to the city of Moorhead looking for additional space.

The Village Family Service Center is starting up groups. The DBT for adolescents will start March 19th. Insurance will be billed for this group therapy. The Village does have some funding available to help should insurance not cover the individual's costs. Love and Logic, a six-week course will start on March 24th. Scholarships are available. Girls 360 starts on April 6th. This group is free and open to girls ages 11-13. Topic items include: self-esteem, finding yourself, hygiene and more. Contact The Village Family Service Center for additional information or to register for the groups. Bowl for Kids is happening on March 26th and 27th. Funds raised will to the big Brother Big Sister Program.

Churches United for the Homeless family rooms are full. Nine different families have utilized the overflow space. The total children currently being served is 39. Many of the staff attended a United Way training on prevention and divergence for the homeless population. Staff have put up a prevention divergence board in the lobby for residents to access. United Way and Churches United are collaborating to develop a case management position that would

serve those families with school age children who have transitioned out of the homeless shelter into permanent housing. Next week is Homeless Day on the Hill. Chandra will be attending.

Friends of the Children: The current staff have full caseloads. A waiting list has been started with the hope of having two more Friends hired by May. Keep the referrals coming so they can continue to show funders that the program is growing.

Lakeland Mental Health: A new children's case manager has been hired and will start next week. One of their therapists is leaving in April to work for Nystrom Associates who will be starting up a facility here in Moorhead. Five youth are currently being served at the Juvenile Center under the new transition program. Students are reporting that the program is amazing!

Clay County Social Services: The county received grant dollars for the STAY program that works with youth who are moving towards independence. Crystal Johnson has been hired as the coordinator of the program.

Mobile Crisis Response Program had 66 dispatches last month. Twenty-six of those dispatches were in Clay County, with 24 of them children. The number of children served in February was double the amount served in January. The program is fully staffed.

Head Start is hosting their annual assessment in the lobby tomorrow from 2:00 pm – 4:00 pm. Everyone is welcome to attend. The data does include mental health.

System of Care: Carolyn reported that the therapy staff for the Collaborative Intensive Bridging Services have been trained. Case managers were also trained and will be attending additional training in the future. The program is ready for referrals.

April 18th: Kidsfest, Moorhead Center Mall 10:00 am – 2:00 pm. Check with Carolyn if you are interested in hosting a free resource booth.

May 7th: is Children's Mental Health Awareness Day.

Next meeting: Thursday, April 2, 2020

WORKPLAN

- Seek input from the local children's mental health system of care providers, parents, former consumers and community members on – services needed for children with mental health needs; Coordination of care between services; quality of care provided.
 - Monthly reports from agencies in attendance at LAC meetings
 - Program/Services presentation at LAC meetings
 - Identify opportunities to get feedback from parents/consumers
- Review and evaluate the local children's mental health service system of care and make policy recommendations regarding any element of the local system of care.
 - Communicate Council position to other policy makers and organizations which may have a significant effect upon the local mental health system of care,
 - Review the mental health service mapping project, a co-project of the Collaborative and LAC.
 - Identify presentations for council meetings.
 - Communicate with Social Service Director and supervisor for any planning the council can provide input on.
 - Add areas of input needed to council agenda
 - Share input from the council with Social Service Director
- Provide input in the development of mental health planning in the county
 - Gathering information for report throughout the year.
 - Develop and approve yearly report
 - Attend County Board meeting to present yearly report
- Mental Health Awareness
 - Activities determined by the council.