



## Clay County Local Advisory Council for Children's Mental Health

Thursday, February 6, 2020

### Meeting Minutes

*"To promote an accessible, comprehensive and a unified children's mental health system within Clay County"*

Carolyn welcomed everyone to the group. Minutes from the January 9, 2020 meeting were approved (Michelle/Holly) Treasurer's Report a balance of \$1,998.62

Michelle was not able to attend the meeting today. She provided the following information on the out of home placements for the county. Year to Date: January 2019 – November 2019 the total cost of child protection and probation out of home placement costs (court ordered/Protective hold) \$2,103,814.34 Voluntary placements (mental health/residential/group home settings) cost of \$934,446.10 for a total of \$3,038,260.44 Unduplicated number of children that were in out of home care at one point in 2019 through November 2019(child protection, mental health, probation) is 297. The number of children currently in out of home placement is 151. Jim Haney noted that the amount spent on out of home placement represents 10% of the county levy.

The link to the LAC professional and the LAC parent/family survey has been sent out to LAC members, members of the Collaborative's children's mental health work group and administrative group with a request to share with staff and families. Copies of the survey is also available in paper form. Please contact Carolyn if you would like paper copies.

The January 22<sup>nd</sup> Vaping workshop had lower attendance than prior events but more community members were in attendance which helps to move the information out to the community at large.

Michelle and I attended a training on the Collaborative Intensive Bridging Services (CIBS). This program is part of a SAMSHA grant that the state received and is being piloted in Grant, Pope, Otter Tail and Clay counties. The children's case managers were trained in January on the service that uses an intensive mental health therapy component with short residential treatment if needed. A therapist from Lutheran Social Services work with the youth and the family and will continue with the youth while in residential treatment should that be needed. Residential treatment will take place at the West Central Juvenile Center. Case managers attending thought it was an interesting idea. Concerns included getting the family to buy into the program and complete their required therapy and components of the services and the short window of getting a youth placed in non-secured section of West Central Juvenile Center who is often full.

#### Agency Reports:

West Central Juvenile Center: The Independent Transition program will begin this month.

Head Start: March 6<sup>th</sup>, the agency will have its annual self-assessment. Information on program components from assessments, nutrition, health and safety and more will be in the hallway for display and input. Members are encouraged to participate March 6<sup>th</sup>.

Freedom Resource Center is gearing up for Giving Hearts Day. They continue to hold Freedom in Action monthly activities for those with disabilities and community members. This month the activity is DIY mugs, bingo will take place in March and April's focus will be on disaster planning for such things as flooding and storms.

The Village Family Service Center is also gearing up for Giving Hearts Day. They have hired another therapist which has opened up availability for in-home and out patient appointments with an average turn around for an appointment being a week for out patient therapy. Big Brother Big Sister Bowling for Kids fundraiser is coming up in March. The agency filled an opening in the Truancy Intervention Program.

Lakeland Mental Health has a few youths on the referral/waiting list waiting to be processed. The open children's case management position will be filled by the end of the week. There will be a case manager going on maternity leave at the end of February. Cases are shared among other case managers for continuity of care for those families. Case Managers attended the first CIBS training held earlier this month in Fergus Falls. Statics from last year show an increase in the number of children and families served.

Mobile Crisis Response Program: In January there were 100 phone supports and 33 stabilizations. There were fourteen dispatches in Clay County with six of them children. A staff person will now be housed out of Horizon school to assist with crisis during the school day, decreasing response time to crisis events in the building.

Access of the Red River Valley: Case loads are mostly full. The agency has two openings in their corporate foster homes.

Friends of the Children: Gearing up for their first Giving Hearts Day. Currently twelve children are enrolled. They are working with five families to complete paperwork which will bring them to full case loads for the two Friends on staff. A waiting list will be started with plans to hire additional staff as the need arises.

Churches United for the Homeless has made three referrals to Friends of the Children. Currently all eight family rooms are full with four families also residing in overflow. There are currently 28 children living in the shelter. The agency is gearing up for Giving Hearts Day. One family obtained housing in the last month.

Solutions Behavioral Health: Last weekend the agency was asked to partner with MN Minds Matter group to provide mental health information during the local youth hockey tournament. Two staff members were present to answer questions on mental health and resources. MN Minds Matter was started by two families who experienced a child commit suicide. Both youths were hockey players. They hope to spread the partnership to other sporting events.

Clay County: The County Board received a tour of the 2<sup>nd</sup> phase of the Correction Facility build. The kitchen will be opened tomorrow. The county will continue to utilize local vendors for meals but could at one point choose to do meals in house.

Upcoming:

April 18<sup>th</sup>: Kidsfest, Moorhead Center Mall (check with Carolyn about hosting a resource booth)

May 7<sup>th</sup>: Children's Mental Health Awareness Day

Next meeting: Thursday, March 5, 2020 – ideas for Children's Mental Health Awareness in May

#### WORKPLAN

- Seek input from the local children's mental health system of care providers, parents, former consumers and community members on – services needed for children with mental health needs; Coordination of care between services; quality of care provided.
  - Monthly reports from agencies in attendance at LAC meetings
  - Program/Services presentation at LAC meetings
  - Identify opportunities to get feedback from parents/consumers
- Review and evaluate the local children's mental health service system of care and make policy recommendations regarding any element of the local system of care.
  - Communicate Council position to other policy makers and organizations which may have a significant effect upon the local mental health system of care,
  - Review the mental health service mapping project, a co-project of the Collaborative and LAC.
  - Identify presentations for council meetings.
  - Communicate with Social Service Director and supervisor for any planning the council can provide input on.
  - Add areas of input needed to council agenda
  - Share input from the council with Social Service Director
- Provide input in the development of mental health planning in the county
  - Gathering information for report throughout the year.
  - Develop and approve yearly report
  - Attend County Board meeting to present yearly report
- Mental Health Awareness
  - Activities determined by the council.