



Clay County Local Advisory Council for Children's Mental Health

Thursday, December 5, 2019

Meeting Minutes

"To promote an accessible, comprehensive and a unified children's mental health system within Clay County"

Melissa welcomed everyone to the meeting. Minutes from the November 7, 2019 meeting were approved. (Megan/Michelle M) Treasurer's Report: Balance of \$598.62. Expenses in November \$15.45 for the Lunch and Learn event.

Presentation: Clay County Social Services Children's Mental Health Services budget. Michelle walked us through the 2019 budget and the proposed 2020 budget. This LAC has three parent stipends. We will also receive \$1,500 for operating expenses. Two programs, Rape and Abuse and REACH received 2% increases in funding. The in-home family therapy, family skills program also received a 2% increase. Other budget items included respite funds, school based mental health, respite transportation, Rule 79 case management for MA and Non-MA, Out of home placement numbers for mental health were not included in this report. Michelle will bring that information to the January meeting.

Old Business:

Lunch and Learn on Vaping was well attended. Jason McCoy did a great job with the presentation. The next presentation will be in January.

Agency Updates:

Social Services:

Agency Updates:

Freedom Resource Center is hosting their annual Holiday Luncheon on December 20th. It is open to all. Please RSVP if you plan to attend.

The Village Family Service Center is hosting an open house and ribbon cutting for their new offices. The event will be held on Wednesday, December 11th from 4:00 to 6:00 pm with ribbon cutting at 4:00. The Wine and Dine event was held a couple of weeks ago. It went well. Next support opportunity will come up on Giving Hearts Day in February. There are openings in the in-home therapy program.

Mobile Crisis Response Program: In the month of November they had 88 phone supports and 44 stabilizations within the region. There was 44 dispatches with four of them children in Clay County. One child was hospitalized. A new grant that encompasses work on suicide assessment and support will start at the beginning of the new year. A staff from the Fergus Falls office will be training staff on the tools.

Lakeland has openings with some referrals coming in. Michelle reminded us that Jeremy can work with a family to access services while waiting for case management through the Fast Track program he oversees. The annual Cookie Bake Sale will be held at the Family Service Center building lobby on December 13th beginning at 10:00 am.

Head Start added two additional full day classrooms for a total of four rooms. One in Dilworth, one at the Family Service Center, and two at Belsly site. They also have 4 half day sessions. Head Start also has three home based programs too. Early Head Start, home-base preschool, and an evidence-based home visiting program.

Access of the Red River Valley is taking referrals so case management. They also have a few openings in their corporate foster care sites.

County: Jim shared that the juvenile center construction is ongoing but slightly behind. They are looking at a ribbon cutting ceremony in March or April

Social Services: Michelle and Carolyn attended a state meeting on the Collaborative Intensive Bridging Services. The region received a grant to pilot the program. Funding is part of the System of Care Grant that the state received. This intense service is meant to be used with youth at high risk of residential placement. The family must agree to work with the program. Lutheran Social Services will be taking the lead on providing the mental health services that will be led by a therapist.

Circle of Parents: The program has lost its circle facilitator and has been put on hold until training can be held.

Upcoming:

January Lunch and Learn about vaping; Jason McCoy, Clay County Public Health (date to be determined)

April 18th: Kidsfest, Moorhead Center Mall (check with Carolyn about hosting a resource booth)

May 8th: Children's Mental Health Awareness Day

Next meeting: Thursday, January 9, 2020

*** Note this meeting is one week later than usual due to the holiday season

WORKPLAN

- Seek input from the local children's mental health system of care providers, parents, former consumers and community members on – services needed for children with mental health needs; Coordination of care between services; quality of care provided.
 - Monthly reports from agencies in attendance at LAC meetings
 - Program/Services presentation at LAC meetings
 - Identify opportunities to get feedback from parents/consumers
- Review and evaluate the local children's mental health service system of care and make policy recommendations regarding any element of the local system of care.
 - Communicate Council position to other policy makers and organizations which may have a significant effect upon the local mental health system of care,
 - Review the mental health service mapping project, a co-project of the Collaborative and LAC.
 - Identify presentations for council meetings.
 - Communicate with Social Service Director and supervisor for any planning the council can provide input on.
 - Add areas of input needed to council agenda
 - Share input from the council with Social Service Director
- Provide input in the development of mental health planning in the county
 - Gathering information for report throughout the year.
 - Develop and approve yearly report
 - Attend County Board meeting to present yearly report
- Mental Health Awareness
 - Activities determined by the council.