



Clay County Local Advisory Council for Children's Mental Health

Thursday, September 5, 2019

Meeting Minutes

"To promote an accessible, comprehensive and a unified children's mental health system within Clay County"

Melissa welcomed everyone to the meeting. All shared one good thing about their summer.

Minutes from the May 2, 2019 meeting were approved (Jeanette/Jim) The treasurer's report showed a balance of \$798.10. The wallet size parent resource was printed this summer and ready for distribution. Carolyn also printed additional copies of the Who Do You Call? Brochure.

Old Business:

- The mental health awareness activities at the annual police program sign up on June 12th went well. Lakeland Mental Health children's case managers staffed three different activity booths – making a door knob holder, beading, and decorating a flower pot and planting a flower. Six staff helped out with the activities. The police program would like them to come back next year. The event is not set up in a way to have informational booths for parents but it may work to talk with parents while they are in line and share information such as the family wallet with them.
- The May board report went well. Information on the professional survey that was completed was shared with the Commissioners.

New Business:

- As part of the SAMSHA System of Care grant that the state of MN has received includes a strong component on family engagement. Rhonda has requested that the LAC host a NAMI training on Understanding the Children's Mental Health System of Care. It will be held in room 4 of the Family Service Center on October 14th 6:00pm – 8:00 pm. A light supper and door prizes will be provided.
- After review of the current work plan it was decided to adopt the work plan as our 2020 work plan.

Agency Reports:

- Churches United for the Homeless: Currently serving eight families that include 23 children. Overflow was continued this summer for families. Five families moved out of the shelter to permanent housing. The agency is collaborating with school to encourage better attendance. The shelter received a grant that allowed for 12 kids to attend Camp Koda and 4 children to attend Busy Beavers. A back pack drive was held with a total collection of 75 backpacks, school supplies, shoes and clothing.
- Clay County Board has been meeting through the summer about the need for additional space on its campus. The state of MN has a requirement for the number of judges and staff for our area but with limited space, they have not been able to meet that requirement. An addition to the courthouse may happen or they may acquire additional building space in the area.
- West Central Juvenile Center is working towards the next phase of construction with the moving of youth to the lower floor while renovating 2nd and 3rd floors. The Department of Corrections came through to do an inspection. They will be issuing a voucher for the number of beds allowed in the secure portion of the building. Currently the center serves 10 additional counties including Cass County in North Dakota. The center hopes to be running at full capacity sometime in February or early March. When completed the center will hold 17 in non-secure, 8 in the independent program and 75 in secure programming.
- Lakeland Mental Health Center: Staff did a meet and greet with the county. Each supervisor went over their role and how it connects with the county's work. Department supervisors met with the board to review programming and budgets. Land has been purchased west of the clinic to increase space for their growing programs and staff.

- The Village Family Service Center's new building should be ready by this fall. The three locations in Fargo have been condensed into two sites with the 13th Ave building used for administration, and a new building just down the street housing their programs. Run for recovery is coming up. It is put on by First Step Recovery. They have added a few more clinicians which has allowed depending on preference, a wait time of approximately a week to see someone. KVRR did a feature on animal assistance therapy that is offered at the Village. The segment also was shown on CNN when talking about the hurricane relief process. The Village has developed a partnership with REACH to provide counseling services to those with no insurance or are not able to afford the copay on their insurance. The Village is also in the Hawley elementary two days a week, and the high school two days a week providing counselling services.
- Kindred Family Focus is having their annual fundraiser in October this year. Foster Hope Run will be October 12th with funds raised to go for clothing, supplies and activity fees for youth in placement with them. They are currently licensing four more homes in Clay County. The transition grant that they received from the MN Department of Human Services has been cut in half. Currently there are 28 youth being served by the program.
- Mobile Mental Health Crisis Response Program had a total of 87 phone calls, 54 dispatches and 34 stabilizations for the region. In Clay County staff were dispatched for three children, none of which required hospitalization. Three individuals were hired for the Fergus Falls team and one individual was hired for the Clay County team.
- Clay County Social Services: They are fully staffed. There has been a shifting in roles and work among the departments. Placements are high and they are having trouble placing children with high needs. They are working with the MN DHS to address the issue. Michelle is participating on a stakeholder group that is addressing rural crisis issues.

Upcoming events: Carolyn will send out flyers for the various events. Please share with staff and families. :

- Circle of Parents: Bright Sky Apartments Community Room, 2nd and 4th Tuesday 1:00pm – 3:00 pm
- Resilience film showing: Moorhead Public Library Monday, September 16, 2019 6:30 pm
- Resilience Community Conversation: October 8th 11:00 am – 3:00 pm Bright Sky Apartments Community Room
- Understanding the Children's Mental Health System of Care: October 14th 6:00 pm – 8:00pm
- Kidsfest April 18, 2020
- Longest Table Dilworth Moorhead June 10, 2020.

WORKPLAN

- Seek input from the local children's mental health system of care providers, parents, former consumers and community members on – services needed for children with mental health needs; Coordination of care between services; quality of care provided.
 - Monthly reports from agencies in attendance at LAC meetings
 - Program/Services presentation at LAC meetings
 - Identify opportunities to get feedback from parents/consumers
- Review and evaluate the local children's mental health service system of care and make policy recommendations regarding any element of the local system of care.
 - Communicate Council position to other policy makers and organizations which may have a significant effect upon the local mental health system of care,
 - Review the mental health service mapping project, a co-project of the Collaborative and LAC.
 - Identify presentations for council meetings.
 - Communicate with Social Service Director and supervisor for any planning the council can provide input on.
 - Add areas of input needed to council agenda
 - Share input from the council with Social Service Director
- Provide input in the development of mental health planning in the county
 - Gathering information for report throughout the year.
 - Develop and approve yearly report
 - Attend County Board meeting to present yearly report
- Mental Health Awareness
 - Activities determined by the council.