



Clay County Local Advisory Council for Children's Mental Health

Thursday, October 4, 2018 Meeting Minutes

Members Present: Steve Summers; Solutions Behavioral Health; Amy Amundsen, Clay County Social Service; Michelle Mullikin, Lakeland Mental Health Center; Tiffany Hovelson, Freedom Resource; Carolyn Strnad, Collaborative; Joni Medenwald, The Village Family Service Center; Hope Schatzke; Access of the Red River Valley; Lisa Funk, Mobile Crisis Response Program; Bryan Hanson, West Central Juvenile Center; Bryan Hanson, West Central Juvenile Center;

Minutes and Treasurer Report:

- Minutes from the September 6, 2018 meeting approved. (Amy/Tiffany)
- Checkbook balance \$1,855.

Old Business:

- Update on membership recruitment:
 - i. County case managers are reviewing their case load for possible identification of additional family members for the council
 - ii. Amy will check on the number of stipends that the council has available for use.

New Business:

- Review of County Social Service budget. Tabled until November meeting
- Possible mental health lunch and learn to highlight the different therapies available to children and families.
 - i. An event similar to this was held in North Dakota, facilitated by Rory Beil from Clay Public Health/Rethink Mental Health. Rory plans to offer a similar event in Clay County.
 - ii. Decision not to pursue hosting a lunch and learn on that topic because of the duplication of Rory's event.
- Suicide education:
 - i. Concerns discussed on the increase of suicide among the young community members and the after effects on community members who knew the individual who died.
 - ii. Places where information on suicide and resources in our community include: freshman orientation at college level; high school health class; advertising.
 - iii. Social Services is experiencing calls from parents who are reporting that their child is talking about suicide.
 - iv. A group could be formed to look for funds and develop an action plan.
 - v. High risk times include transition between schools/grades/programs. The individual in most cases, and their friends and families, does not know who to reach out to for assistance.
 - vi. Discussion on this topic will continue next month.

Agency Reports-

- Access of Red River Valley has hired a second case manager. They have open slots and are taking referrals.
- Social Services: 107 youth are currently in out of home care.
 - 15 are in relative foster home – barrier when relatives live in North Dakota due to regulations that do not allow the agency to place across state lines
 - 8 are served in corporate foster homes
 - 9 in group settings – Heartland, Little Sand
 - 3 in residential – Northwoods, North Homes, Gerard
 - 3 in supervised independent living situation – Youth is attending school and has a county case manager. Social Services provides a stipend to the youth to help with expenses.
 - 4 are in pre-adoptive relative homes
 - 7 are in pre-adoptive non-relative homes
 - 3 in pre-kinship homes. County will be transferring legal custody to relative
 - 1 youth is on the run
 - 4 youth are in correctional non-secure facilities
 - 4 youth are in a locked detention facility.
 - 3 youth in the process of reunification to the home. Trial home visits occur, county will continue to work with families once custody is restored to mom and dad
- Mental Health grant can now be used to provide respite activities to other children in the home Can use mental health grant for kids in the home of the child
- Clay County Collaborative/Early Childhood Mental Health Network: website should be up and running later this month.
- Clay County Public Health: A reminder from Terry who was not able to attend today's meeting, flu shots for county employees will be given on Friday. flu shots.
- Freedom Resource Center: The art show is tonight beginning at 5pm. 87 artists have submitted pieces for the show. The agency is currently hiring an integrated employment specialist.
- Lakeland Mental Health Center: Julie Larson, long term nurse at the Center is moving to Abound. An additional person has been hired to work under the school-based mental health program funded by the Collaborative, Social Services and school.
- Mobile Mental Health Crisis Response Program had 98 phone support calls in September, 14 dispatches of which six were children, and 18 stabilizations.
- Solutions Behavioral Health has been asked to present information on the school-linked mental health grant funded program at the school mental health conference in Brainerd. The state has asked them to take the lead on providing training to mobile crisis units on Fetal Alcohol Spectrum Disorder. A bulletin on case management was distributed by the state. Amy will set up a time for representatives who provide case management to review the bulletin together.
- The Village Family Service Center has hired additional mental health practitioners and professionals to meet the increase needs. The school-based program in Hawley will have Village staff in the school four days a week.

- West Central Regional Juvenile Center: A licensed social worker, from Prairie St. John's, has been hired and will begin on the 8th of this month. They will be offering group programs, and work towards integrating trauma into the programming. Construction continues to move forward with an anticipated opening sometime in 2019. Current numbers from the program include 13-14 youth in non-secured and 30 youth in secured. Numbers are increasing due to placement requests from other parts of the state due to the format of programming offered here. Moorhead schools have increased the educational staff. Gym class is provided in the morning, as well as math and science. Geography and English offered in the afternoon. Youth will earn high school credits so they can graduate on time.

Upcoming Activities:

Ruby Pantry: 4th Tuesday of the month, MState.

Kidsfest: Saturday, April 6th

May 7, 2019: Annual report to the County Board

May 9, 2019: Children's Mental Health Awareness Day

Next meeting:
November 1, 2018
Presentation on Social Service
budget

Mission Statement: To promote an accessible, comprehensive and unified children's mental health system within Clay County