

Childrens Mental Health Resources

American Academy of Child and adolescent Psychiatry

https://www.aacap.org/AACAP/Families_and_Youth/Home.aspx?hkey=4e918a42-7a64-4c60-bf12-9c9ef6e48164

Fast-Tracker MN

www.Fast-TrackerMN.org

651-426-6347

Your link to finding available mental health care providers in your community.

How to talk to your teenager about his/her mental health

www.pacer.org/parent/php/PHP-c2016.pdf

NAMI MN

www.namimn.org

651-645-2948

Minnesota Association for Children's Mental Health

www.macmh.org

800-528-4511

Minnesota Association for Children's Mental Health

www.macmh.org

Disability Fact Sheets pdf

National Alliance for Mental Illness Minnesota offers parent coordinators, peer support,

<https://namimn.org/education-public-awareness/fact-sheets/> <https://namimn.org/education-public-awareness/health-library/>

MN Organization on Fetal Alcohol Syndrome

www.mofas.org

866-906-6327

Parent Center Hub

<https://www.parentcenterhub.org/category/topics/mental-health/>

Parent Center Hub

<https://www.parentcenterhub.org/emotionaldisturbance/>

Fact sheets Positive Behavioral Intervention and Supports (PBIS)

www.pbis.org4 or <http://pbismn.org>

Teen Mental Health Problems

www.mentalhealth.org

Project Launch

<https://healthysafechildren.org/grantee/project-launch>

800-273-8255